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# DEMOCRACY AND ETHNIC CONFLICT: A COMPARATIVE ANALYSIS OF CYPRUS, PAKISTAN AND PALESTINE

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#### **ABSTRACT**

This study examines the complex link between ethnic strife and democracy in the three different contexts of Palestine, Pakistan, and Cyprus. Based on the knowledge that ethnically varied communities frequently struggle to manage interethnic conflicts, the research develops and evaluates theories to reveal the complex processes at work. The impact of inclusion in democratic government, the function of institutional strength, the impact of outside players, and the relationship between ethnic conflicts and economic inequality are the main topics of speculation. The research examines the viability of these theories in the unique historical, political, and social contexts of each nation by using a comparative approach. In Pakistan, where several ethnic groups live side by side, the study evaluates how democratic government either lessens or exacerbates past conflicts. The study looks at how democracy interacts with outside forces in the context of resolving conflict in the split island of Cyprus. Research in Palestine explores the intricacies of democratic struggles in the Palestinian territories and how they relate to the larger Israeli-Palestinian conflict. The results add to our understanding of how democracy may be used as a tool for controlling and averting ethnic tensions if it is framed and implemented well. The study also emphasizes the necessity of context-specific strategies, recognizing that different historical, cultural, and geopolitical elements particular to each situation must be considered for democratic administration to be successful in reducing ethnic conflicts.

Keywords: Cyprus; Democracy; Palestine; Pakistan.

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#### **INTRODUCTION**

The relationship between democratic governance and ethnic conflict has garnered significant academic attention, particularly in multi-ethnic countries where democratic ideals frequently clash with enduring ethnic divisions. Democracy is fundamentally recognized as a system that promotes dialogue, ensures fair representation, and provides a peaceful method for resolving conflicts (Horowitz, 1993). In societies characterized by ethnic polarization, democratic processes have the potential to exacerbate conflicts by solidifying ethnic divisions within the structures of party politics or majority rule (Reilly, 2001). The relationship between fostering inclusive governance and preventing ethnic dominance presents a complex challenge, as many nations strive to achieve this equilibrium. The scenarios in Cyprus, Pakistan, and Palestine exemplify the intricate challenges that historical grievances and ethnic tensions pose to democratic governance, offering valuable insights into the global difficulties of managing ethnic diversity within democratic frameworks.

Democratic theory posits that the adoption of proportional representation and federalism can serve as effective mechanisms to alleviate ethnic tensions by promoting the participation of minority groups in

governance. Nonetheless, these systems often face significant obstacles, particularly when ethnic groups perceive political power as a zero-sum game (Lijphart, 2004). The circumstances in Cyprus exemplify how the collapse of power-sharing agreements between Greek and Turkish Cypriots has entrenched ethnic divisions, resulting in a political bifurcation of the island. Similarly, the federal structure of Pakistan, while seemingly designed to accommodate its ethnic diversity, has encountered difficulties in balancing regional autonomy with national unity, as highlighted by the ongoing tensions in Balochistan and Sindh (Waseem, 2010). Palestine operates within a unique context where the pursuit of democratic governance is obstructed by external occupation and internal fragmentation, limiting the ability of democratic processes to effectively tackle ethnic conflict (Jamal, 2005).

The experiences of these three regions highlight the intricate interplay of democratic principles within societies characterized by ethnic divisions. Democratic governance, while providing pathways for negotiation and compromise, can also reinforce ethnic competition and deepen societal divides. Cyprus, Pakistan, and Palestine exemplify the dynamics of ethnic group engagement within democratic frameworks, highlighting their efforts to assert influence or seek greater self-governance. In specific cases, as observed in Cyprus, ethnic conflict has led to a complete breakdown of political unity, while in other situations, like Pakistan, ethnic tensions remain subdued, occasionally erupting into violence. The ongoing situation in Palestine, grappling with issues of statehood and occupation, is exacerbated by external political influences that obstruct the development of robust democratic governance. The complexities of these dynamics require a comprehensive examination of how ethnic conflict interacts with democratic processes in diverse socio-political contexts.

Moreover, the capacity of democratic systems to address ethnic conflict is often influenced by external factors, such as foreign interventions, the legacy of colonialism, and the intricacies of geopolitical pressures. As a member of the European Union, Cyprus has been the focus of numerous international initiatives designed to tackle its ethnic divisions; however, the outcomes of these efforts have been relatively limited. The ethnic challenges encountered by Pakistan are deeply connected to the historical backdrop of British colonialism, leading to a divided society that continues to struggle with persistent issues of national identity and ethnic autonomy (Adeney, 2017). The circumstances in Palestine are significantly shaped by the Israeli occupation and the complexities of global diplomatic efforts, which have limited the opportunities for creating a strong democratic governance structure. External pressures often constrain the ability of democratic institutions to function effectively in managing ethnic conflict, thus complicating the relationship between democracy and ethnic diversity.

#### **Background**

Grasping the complexities that ethnic conflict poses to democratic systems requires a recognition of the nuanced socio-political landscape from which these conflicts arise. Historical grievances, socio-economic disparities, and cultural differences often serve as catalysts for the mobilization of ethnic groups, thereby complicating the conflict resolution process in multi-ethnic states. A multitude of scholars have pointed out that democracy, with its focus on representation and individual rights, possesses the ability to mitigate ethnic conflict by providing organized channels for political participation (Rothchild & Roeder, 2005). However, this optimistic viewpoint often comes into conflict with the reality that many democracies struggle to effectively manage ethnic diversity, where imbalances of power and majoritarian politics frequently exacerbate ethnic tensions rather than resolve them. The situations in Cyprus, Pakistan, and Palestine exemplify the intricate dynamics at play, with each case representing a unique manifestation of the relationship between democratic ideals and ethnic conflict.

The political landscape of Cyprus has been profoundly influenced by the ethnic schisms that exist between Greek and Turkish Cypriots. The collapse of consociationalism democracy in the early 1960s, along with the Turkish invasion in 1974, resulted in the definitive partition of the island based on ethnic divisions (Joseph, 1997). Despite numerous initiatives for reunification, including the Annan Plan supported by

global mediators, the ethnic divide remains deeply entrenched, as both communities maintain separate political institutions. This scenario illustrates how deep-rooted ethnic tensions can hinder democratic progress, as the conflicting national identities of Greek and Turkish Cypriots obstruct meaningful political unification (Ker-Lindsay, 2011). Cyprus exemplifies the profound impact that ethnic conflict can have on the stability of democratic governance.

The situation in Pakistan regarding ethnic conflict, while unique in its specifics, highlights the intricate challenges of managing ethnic diversity in a democratic framework. Since its inception in 1947, Pakistan has faced persistent ethnic tensions, particularly between its dominant Punjabi population and several smaller ethnic communities, such as the Sindhis, Baloch, and Pashtuns (Ahmed, 1998). The current tensions have been exacerbated by differences in economic progress, a movement towards political centralization, and the accumulation of authority in Punjab, leading to demands for greater regional autonomy. The federal structure of Pakistan, designed to accommodate its ethnic diversity, has encountered considerable obstacles in alleviating tensions, resulting in frequent episodes of violence and insurgency, especially in Balochistan (Harrison, 1981). This scenario underscores the complexities involved in balancing national unity with the imperative for ethnic self-determination within a democratic context.

The circumstances in Palestine, marked by a lack of statehood and ongoing occupation, present a unique yet complex scenario for examination. The Israeli-Palestinian conflict embodies a multifaceted situation in which ethnic tensions are intricately linked to issues of statehood, national identity, and the impact of external influences. The intricacies of democratic governance in Palestine have been intensified by internal schisms, particularly between the political factions of Fatah and Hamas, which each embody unique regional, ideological, and ethnic constituencies (Shikaki, 2006). The lack of sovereignty, along with various internal and external pressures, has greatly limited the capacity of democratic institutions to address ethnic conflict effectively. The circumstances in Palestine highlight the essential importance of internal cohesion and external independence in the efficacy of democratic governance, particularly in the context of managing ethnic conflicts.

#### **Rationale for the Comparative Analysis**

The choice to concentrate on Pakistan, Cyprus, and Palestine was made due to the differences in their historical paths, political systems, and ethnic conflicts. Pakistan, a country whose ethnic makeup is diverse and includes Pashtuns, Sindhis, Punjabis, and Balochis, has struggled with long-standing conflicts that have occasionally threatened the country's unity (Jaffrelot & Rais, 1998). Cyprus offers a unique case study of a divided nation where attempts to resolve conflicts via democracy coexist with external forces. Since 1974, Cyprus's population has been split between Greek and Turkish Cypriots (International Crisis Group, 2023). Palestine, caught up in the lengthy Israeli-Palestinian conflict, navigates democratic concerns inside its boundaries in the midst of a larger struggle for self-determination.

#### **Research Questions**

This research seeks to address several key questions in the context of each selected country:

- Q) How does the level of inclusivity in democratic governance correlate with the reduction or exacerbation of ethnic tensions in Pakistan?
- Q) How do the chances for conflict settlement and democratic consolidation in Cyprus stem from the robustness of democratic institutions and how they interact with outside forces?
- Q) How do democratic changes fit into the larger Israeli-Palestinian conflict, and what part do democratic issues within the Palestinian territories play in it?
- Q) How do Pakistan, Palestine, and Cyprus differ and vary in terms of how they handle ethnic tensions and democracy?

#### **Hypotheses**

- 1. In Pakistan, the hypothesis posits that the level of inclusivity in democratic governance is positively correlated with a reduction in ethnic tensions. This hypothesis assumes that political systems actively involving and representing diverse ethnic groups are more likely to address their concerns and prevent conflicts.
- 2. In Cyprus, the hypothesis suggests that in contexts where democratic institutions are weak or prone to manipulation, there will be a higher incidence of ethnic conflict. Weak institutions may contribute to the marginalization of certain ethnic groups, fostering discontent and instability.
- 3. Regarding external influences, the hypothesis asserts that external actors play a significant role in shaping the relationship between democracy and ethnic conflict. Diplomatic efforts that promote regional cooperation are expected to contribute to conflict resolution in ethnically diverse democracies.
- 4. The hypothesis related to economic disparities proposes that economic inequalities within democracies contribute to ethnic tensions. Policies aimed at reducing economic disparities and ensuring equitable resource distribution are expected to mitigate the risk of ethnic conflict.

#### Structure of the Research

This research is arranged in chronological order, starting with the historical background of each instance and moving on to a thorough analysis of the democratic political systems in place and their interactions with ethnic diversity. After that, the study will analyze the theories while taking into consideration the complicated elements determining the links between democracy and ethnic conflict in Palestine, Pakistan, and Cyprus. To acquire comparative insights, a detailed investigation will be given to cross-cutting subjects like inclusiveness, institutional strength, external impacts, and economic inequities.

# Significance of the Study

It is crucial to investigate the relationship between democracy and ethnic conflict in the specific contexts of Palestine, Pakistan, and Cyprus. This research affects international relations, academia, policy, and citizen activism. This study's comprehensive research adds to the body of knowledge in academia and has implications for the government, those working on international projects, and citizens of these ethnically varied nations. This research adds to the scholarly discourse on the nuanced link between ethnic conflict and democracy. The research contributes nuanced views to the broader picture of how democratic administration both forms and is influenced by ethnic diversity through an analysis of the historical histories of Palestine, Pakistan, and Cyprus. Because it can aid in our understanding of the difficulties in controlling ethnic cultures in democracies, this inquiry has scholarly relevance.

The research's findings will be very valuable to legislators and government officials. The study's findings can be used to develop targeted strategies for advancing inclusive governance and settling long-standing concerns. A thorough understanding of the challenges these nations have in striking a balance between democratic government and ethnic diversity helps guide policymakers in creating practical solutions, therefore fostering social cohesion and stability. Anyone involved in international peacebuilding and conflict resolution must take note of the study's findings. This study may be utilized by diplomats, non-governmental organizations, and international entities to enhance the efficacy of their undertakings. By developing a thorough understanding of the unique challenges that Palestine, Pakistan, and Cyprus face, international actors may formulate better informed and targeted approaches that can advance stability and concord in politically diverse countries. The individuals who reside in these nations will also benefit from the study's findings. Gaining a more profound comprehension of the historical elements influencing the political environments in Palestine, Pakistan, and Cyprus should encourage individuals to actively participate in their local communities. To demand responsible administration and take part in democratic

processes, citizens must be informed. Citizens are invited to actively participate in creating the future of their country in order to feel more responsible for their communities as a consequence of this research.

The study's results can also be used to avoid and settle disputes. By examining the patterns and root causes of ethnic conflicts in democratic environments, policymakers and conflict resolution professionals may develop peacebuilding programs that are effective and long-lasting. The study provides a road map for getting beyond challenges and seeking long-term solutions that address the fundamental complexity of ethnic conflicts. Ultimately, this study contributes to the expanding corpus of research regarding the adaptability and resilience of democratic ideals in many ethnic and cultural contexts. Research highlighting the challenges and successes in these specific situations informs discussions on the compatibility of democratic principles with different social systems. By encouraging reflection on how democratic principles may be maintained and advanced in the face of ethnic variety, it enhances talks on the universality of democratic concepts.

#### LITERATURE REVIEW

# **Cyprus: Democracy and Ethnic Conflict**

Rooted in the 1960 Cyprus Republic's collapse and typified by a bi-communal power-sharing arrangement, the Cyprus issue has long been a source of ethnic animosity and a lack of unwavering allegiance. This study of the literature looks at important works that clarify the political, historical, and sociocultural aspects of the long-running conflict in Cyprus and considers possible resolutions, with a particular emphasis on consociationalism democracy. It is important to acknowledge that the chosen papers exhibit variations in their analytical methodologies and treatment of pivotal elements including factual data, critiques of suggested remedies, and the involvement of third parties. Pınar Erkem's thesis explores the political and historical factors that led to the 1960 Cyprus Republic's downfall. Erkem contends that the root causes of the protracted war include kin-state ties, modernity, ethnic antagonism, and a lack of overarching allegiance. Erkem gives a thorough summary of the Cyprus issue, however the paper is devoid of empirical support and ignores any potential drawbacks or restrictions on the suggested consociationalism democracy model. Moreover, there is a noticeable lack of outsider participants in the peace process (Erkem, 2016).

The study of Nicos Trimikliniotis focuses on the dynamics of ethnic nationalism in Cyprus and how it has adjusted to shifting internal alliances and political chances. The article highlights the differences across Cypriot groups based on ethnicity. But like Erkem, Trimikliniotis doesn't provide a critical assessment of consociationalism democracy or heavily draw on empirical data. This analysis does not place a strong emphasis on the participation of outside actors (Loizides, 2007). Oliver Richmond provides a multifaceted approach by examining identity, security, sovereignty, and power dynamics in his analysis of the underlying reasons of the Cyprus war. Richmond's research delves into the pivotal function of foreign entities, such as the European Union, the United Nations, and regional powers, in the peace negotiations. This thorough examination provides a more comprehensive view of the war and adds insightful new information to the body of literature. In his paper, James Ker-Lindsay presents the idea of the "comfortable conflict," arguing that neither the parties engaged in the Cyprus issue nor the international community are really threatened by the situation (Ker-Lindsay, 2019). Ker-Lindsay examines the causes of the conflict's protracted unresolved state and talks about the obstacles and possibilities in reaching a meaningful settlement. Nevertheless, the paper does not go into great detail about the suggested consociationalism democracy model or offer a thorough examination of the functions played by outside parties (Fisher, 2001). The Cyprus issue, which has been studied from a number of viewpoints with an emphasis on potential solutions as well as causes and consequences, has long been a source of contention between Greek and Turkish Cypriots.

This literature review examines significant works that delve into the intricacies of the Cyprus conflict, considering the roles that external actors have played and its implications for democracy, ontological security, and the evolving nature of the conflict. The book "Cyprus: Domestic Ethnopolitical Conflict and International Politics," authored by Joseph S. Joseph, provides a thorough examination of the causes and consequences of the Cyprus issue. The important role that foreign actor—such as Greece, Turkey, Britain, the United States, the Soviet Union/Russia, the United Nations, NATO, and the European Union—played is examined by Joseph. Joseph's study is a thorough resource for comprehending the complex dynamics of the Cyprus conflict, providing insights into viable solutions based on democratic ideals and human rights (Joseph, 2010). Joseph's study explores the idea of ontological security and how it relates to ethnic strife and nationalism in Cyprus in one book chapter. This chapter makes the case that ontological security techniques are used by both Greek and Turkish Cypriots to support their ethnic identities and narratives. It is investigated how these tactics may affect Cyprus's chances for peace and reconciliation (Loizides, 2015). The chapter also emphasizes how outside forces, especially the European Union, have shaped the ontological security of Cypriot communities. Using Northern Cyprus as a case study, Direnç Kanol and Nur Köprülü's scholarly work moves the attention to the quality of democracy in unrecognized governments. According to the paper, non-recognition and reliance on Turkey as a patron state have a detrimental effect on the quality of democracy and create dynamics of tutelage and meddling (Kanol, 2017). This article provides insights and recommendations for enhancing democratic quality while shedding light on the difficulties experienced by unrecognized governments. It is based on a review of primary sources and current literature. In her book chapter "A Never-Ending Story: Cyprus," Christalla Yakinthou offers a sophisticated analysis of the politics and history surrounding the Cyprus issue. Yakinthou contends that the battle is a never-ending tale with no obvious beginning or conclusion, defined by its constant growth and change. The chapter delves into the ways in which foreign players, such as the European Union, the United Nations, and regional powers, have shaped the dynamics of the peace process in Cyprus (Yakinthou, 2011).

The studied literature offers a thorough knowledge of the Cyprus dispute, including its historical foundations, the involvement of foreign parties, implications for ontological security, and the difficulties encountered by governments that are not yet recognized. Although Kanol and Köprülü's piece provides a special focus on democratic qualities, Joseph's work serves as a basic source. Yakinthou's contribution highlights the ongoing character of the conflict and emphasizes how crucial it is to take changing dynamics into account. This corpus of work as a whole provides important insights into the intricacies of the Cyprus issue and lays the groundwork for future investigations and viable solutions.

#### **Pakistan: Democracy and Ethnic Conflict**

Pakistan's history began when it was split off from British India in 1947 and became a Muslim-only state. Attempts at democratic administration aimed at defining the political framework and identity of the country characterized the early years. Pakistan's political procedures were disturbed by recurring military incursions. The military ruled throughout periods following the coups in 1958, 1977, and 1999, which had an effect on the stability of political institutions and governance frameworks. Following the Bangladesh Liberation War in 1971, East Pakistan seceded, establishing Bangladesh as an independent state. This incident had a significant impact on Pakistan's political environment as well as the dynamics of ethnic diversity.

Jalal (1995), Rai (2002), and Akhtar (2010) are just a few of the academics who have written extensively about the effects of military rule on Pakistani political stability. Their research examines the difficulties that democratic governments face when there is military involvement. Scholarly viewpoints on ethnic conflicts in Sindh and Balochistan provinces explore the challenges of balancing various ethnic identities in the country. The research clarified past complaints and present-day issues around ethnic diversity. One important academic topic that has been studied by researchers like Jaffrelot (2015) and Rashid (2002) is

the relationship between religion and politics. Their research looks on the ways that religious identity affects democratic government and adds to Pakistan's complex political landscape. The effect of military operations on Pakistan's democratic fabric is a major issue. The nation's political trajectory and governance institutions are shaped by the periodic disturbances to democratic processes. Managing ethnic diversity within Pakistan's political framework presents significant issues. The studies examine the obstacles to inclusive governance and political stability posed by ethnic conflicts in areas like as Sindh and Balochistan. With an emphasis on Pakistan's democratic and authoritarian periods, ethnic and religious diversity, foreign interactions, and internal issues, this literature review looks at important works that further knowledge of the country's social, political, and economic institutions. The chosen books shed light on Pakistan's difficulties, governmental frameworks, and historical progress. The many viewpoints offered in these publications aid in the development of a thorough comprehension of the nation's intricate political system. The book chapter by Anas Malik from the series "An Introduction to South Asian Politics" provides a thorough summary of Pakistan's history and development (Malik, 2015). Malik explores the nation's ethnic and religious diversity, its relationships with India and other international players, the difficulties posed by terrorism and extremism, and the advancement of its economy, with a particular emphasis on both the democratic and authoritarian eras. Malik assesses Pakistan's chances and limitations for democracy and stability, offering a fundamental comprehension of the nation's political dynamics.

In her paper "Ethnic Federalism in Pakistan," Maryam S. Khan explores the connections between newly formed ethnic groupings vying for governmental recognition and federations based on ethnicity. Khan shows how federalization may result in the mobilization of minority groups around ethnolinguistic and subterritorial identities using the Sindhi-Muhajir conflict in Sindh as a case study. In order to stop future division and bloodshed, the paper makes the case that minority communities inside ethnic federations should have sociocultural and economic safeguards (Khan, 2014).

In his paper "Constitutional Structures for a Strong Democracy," Roger Myerson applies ideas from game theory and oligopolistic competition to examine possible structural changes to Pakistan's democracy. For a democracy to succeed, Myerson highlights the necessity of robust, adaptable political parties and excellent, accountable leaders. In order to improve democratic competition and stability in Pakistan, the article addresses a number of topics, including parliamentary responsibility, national parties, federalism, local democracy, election systems, and regional cooperation (Myerson, 2014). The link between social exclusion, ethnic variety, and institutional quality in Pakistan is examined in Saqib Amin's paper. Amin uses autoregressive distributed lags models with time series data spanning from 1970 to 2015 to examine the relationship between the variables. The results point to socioeconomic marginalization and ethnic diversity as major barriers to Pakistan's declining institutional quality. In order to establish a safe and tranquil society, Amin suggests that the government take the initiative to promote social cohesiveness and forge strong institutional quality (Amin, 2019).

When taken as a whole, these books offer a complex picture of Pakistan's political environment that takes socioeconomic, institutional, and historical factors into account. Malik's summary provides the foundation for understanding the larger picture; Khan's analysis of ethnic federalism adds another level of intricacy; Myerson's analysis of constitutional structures provides reform-related insights; and Amin's investigation of ethnic diversity and institutional quality draws attention to important issues. In addition to serving as a basis for future study and policy concerns, this literature review provides an extensive viewpoint on the processes of politics and governance in Pakistan.

#### **Palestine: Democracy and Ethnic Conflict**

Palestine's fundamental historical background is the Arab-Israeli war, which resulted in the 1948 uprooting of Palestinian villages. This incident created the conditions for further hostilities and changed the political dynamics of the area. The Oslo Accords of the 1990s brought about peace endeavors and the creation of the Palestinian Authority. In an attempt to meet the aspirations of the Palestinian people, this

was an attempt at self-governance within designated borders. Internal differences have persisted inside the Palestinian territory, especially between Hamas and Fatah. These differences affect political dynamics and make unifying governing frameworks difficult to achieve. Academics who have studied the effects of Israeli occupation on the Palestinian territories include Makdisi (2010) and Pappé (2006). Their research explores the political, social, and economic obstacles that Palestinians under occupation must overcome. Scholars such as Brown (2006) and Milton-Edwards (2008) have offered academic viewpoints that center on the influence of internal differences on political institutions in Palestine. These studies look at the impact of factionalism on governing bodies. Understanding the difficulties of achieving statehood within the context of the larger Arab Israeli conflict is made easier by Khalidi's work from 2007. The research investigates the challenges of seeking self-determination when up against outside influences. One topic that appears to be affecting ethnic tensions in Palestine is external influences, specifically the continuing Arab Israeli conflict. The course of political events and ethnic conflicts is shaped by foreign players. The subject of internal divides within Palestine—specifically, those between Hamas and Fatah—elucidates the difficulties in realizing democratic administration that is both cohesive and stable. The creation of cohesive political structures is hampered by these divides (Jeenah et al., 2012). Constructivism theory is used in the work by Mehrzad Javadikouchaksaraei and colleagues to examine the Israeli-Palestinian conflict. The importance of norms and identity in forming social and political realities is emphasized by this theory. The paper presents a distinctive viewpoint that challenges mainstream realist and liberal perspectives, all the while giving a thorough historical and political backdrop. It highlights how crucial intersubjective activities and social creation are to resolving conflicts. The many points of view and emphasis on constructivism reasoning are among its strong points. But flaws include the absence of scientific support, the omission of addressing constructivism's detractors, and the disregard for the roles of outside players (Javadikouchaksaraei et al., 2015).

The Israeli-Palestinian conflict is analyzed in the essay by Mehrzad Javadikouchaksaraei and colleagues using constructivism theory. This theory places a strong emphasis on how identity and norms shape social and political reality. The paper presents a novel viewpoint that challenges popular realism and liberal viewpoints while giving a thorough historical and political background. In resolving conflicts, it highlights the significance of social construction and intersubjective behaviors. Advantages include the many points of view and emphasis on constructivism reasoning. Nevertheless, shortcomings include the absence of factual support, the disregard for constructivism's detractors, and the roles played by outside players. In the book, liberal democracy and ethno-nationalism are combined to create the idea of ethnic democracy (Peled, 2013). One of its strongest points is the thorough analysis of ethnic democracy and its ramifications. But the book is devoid of factual support, ignores outside players, and doesn't address any conceivable drawbacks or objections. Furthermore, it makes the assumption that identities within ethnic groupings are uniform.

Even though these works offer insightful viewpoints on conflict analysis and resolution, the book and its articles have certain flaws, such as a lack of empirical support, a little attention to objections or substitute models, and a disregard for the involvement of outside parties. Future conflict studies study ought to focus on empirical analysis, include comparative viewpoints, and investigate various identities and norms among ethnic groups. By addressing these flaws, these theories and models will be more resilient and applicable to actual conflict scenarios (Ghai et al., 1992).

# **Cross-Cutting Themes**

#### **External interventions**

Ethnic conflicts can be either exacerbated or lessened by external initiatives. The dynamics of ethnic conflicts can vary greatly depending on the extent of foreign participation. A comparative study of foreign operations in Palestine, Pakistan, and Cyprus is the overarching theme. Recognizing the parallels and divergences offers insights into the various effects of outside participation (Reuter, 2023).

# Power-sharing and federalism

The overarching issue of federalism and power-sharing highlights the difficulties in creating political structures that successfully incorporate a wide range of ethnic groups. This subject, which captures the global complexity of power-sharing, is relevant to Palestine, Pakistan, and Cyprus. Comparative viewpoints on power-sharing explore how these processes have been put into practice as well as the differing degrees of success or failure in dealing with ethnic diversity in states that are split (Koktsidis & Apostolou, 2016).

# Religious dynamics

A recurrent issue is the interaction of religious forces with politics and government. This subject investigates how, in many contexts, religious identity affects political systems and makes democratic government more difficult. The overarching subject of religious dynamics has significance for a more comprehensive comprehension of democracy in many contexts. It draws attention to the difficulties and possibilities brought about by the blending of religion and politics (Sealy & Modood, 2022).

#### **METHODOLOGY**

A method of investigation assists investigators in staying on the route by restricting the subject matter of the study, much like an arrangement for undertaking a study. It's an elitist method of saying that it describes the approach one takes when addressing the subject matter in the course of the study. It is usually advisable to select the methodology that best addresses the study's topic among the various varieties available (Sreekumar, 2023). The methodology of the study concludes the study design, theoretical framework, data collection, and implementation of data.

### **Study Design**

A comparative analysis of the complex relationship between democracy and ethnic disputes is carried out in three different geographical locations: Pakistan, Palestine, and Cyprus. To give a thorough grasp of the relationships underlying play, the research design shall employ a qualitative method approach, examining an in-depth review of previous publications and keeping an eye on recent changes throughout these geopolitical nations. These three nations were carefully chosen to reflect the variety of sociopolitical environments and ethnic complexity. The study will also closely examining policy papers, historical records, and media articles to identify trends, causes, and expressions of ethnic conflict inside the democratic contexts of the countries in question. The research project seeks to clarify the complex factors that influence the relationship between ethnic conflict and democracy in these particular geopolitical circumstances through the use of a thorough qualitative design. The results are intended to provide insightful information to practitioners, scholars, and policymakers who are pursuing democratic administration and durable peaceful resolution of disputes in varied civilizations.

#### **Theoretical Framework**

Ethnic Democracy Theory is related to the work of political scientist Sammy Smooha. He first proposed the idea in the 1980s, and since then, he has concentrated his research on the dynamics of ethnic relations in democracies. Smooha's research delves into the intersections between ethnicity and democracy, highlighting the possible conflicts between democratic ideals and defending the privileges and preferences of various ethnic communities inside the framework of a state. A conceptual framework known as "Ethnic Democracy Theory" looks at how ethnic factors might influence the structures of democracy or result in policies that are inclusive or exclusive. When examining how democracy and ethnic conflict intersect in the situations of Pakistan, Palestine, and Cyprus, this idea is especially pertinent. Considering the ethnic and nationalism implications in the study, the theory distinguishes between civic and ethnic nationalism within democratic settings. Civic nationalism emphasizes shared citizenship and a common political identity, while ethnic nationalism ties national identity to a specific ethnic or cultural group.

Analyzing the prevalence of these forms of nationalism in Pakistan, Palestine, and Cyprus can provide insights into how democratic structures are influenced by ethnic considerations. Furthermore, the theory

implies that whether or not discriminatory practices fuel ethnic tensions or maybe democratic institutions proactively encourage inclusion by defending the fundamental freedoms of all ethnic communities. Appreciation of the connection between democracy and ethnic strife in the chosen nations requires a consciousness of this element. Considering the highlighted subject matter, the theory presents a dynamic outlook.

# Cyprus

The theory implies that the study examines how the democratic system in Cyprus, where Greek and Turkish Cypriots have an enduring ethnic division, serves to advance the goals of both groups. Determining the influence on ethnic relations necessitates analyzing the division of power agreements and the level of inclusion in democratic processes.

#### **Palestine**

Ethnic Democracy Theory can be applied to investigate how democratic organizations manage the inclusion of both Jewish and Palestinian Arab communities, considering the complicated ethnic and religious makeup of Palestine. The idea is that it might be used to evaluate how much prejudices based on institutions within the democratic framework either exacerbate or lessen conflicts between races.

#### **Pakistan**

Applying ethnic democracy theory to Pakistan might assist in clarifying whether the country's democratic system considers the objectives of various ethnic groups, particularly in light of the long-standing conflicts between Punjabis, Sindhis, Pashtuns, and Balochis. Recognizing the dynamics of ethnic conflict requires an examination to determine if democratic frameworks promote equitable participation or serve to maintain the supremacy of an ethnic minority.

#### **Data Collection**

This qualitative study gains information by examining an in-depth review of previous publications and keeping an eye on recent changes throughout these geopolitical nations. Furthermore, the study will also closely examine policy papers, historical records, and media articles to identify trends, causes, and expressions of ethnic conflict inside the democratic contexts of the countries in question. All generated information was driven online by compiling relevant literature, the researcher will make use of academic libraries and digital archives like JSTOR and Google Scholar.

# Implementation of data

The study employs a qualitative approach to collecting data by observing literature review and other secondary sources of information, collectively implemented in the study. The literature review provides insight into the gaps which never been studied before, news and press releases provide information on current situations, and historical documents help in generating the background and identify the different ethics and democratic culture of three designated locations. Furthermore, the selected theory which employs the possible conflicts between democratic ideals and defending the privileges and preferences of various ethnic communities inside the framework of a state will assist in determining the influence on ethnic relations necessitates analyzing the division of power agreements and the level of inclusion in democratic processes, evaluate how much prejudices based on institutions within the democratic framework either exacerbate or lessen conflicts between races in Palestine and recognizing the dynamics of ethnic conflict requires an examination to determine if democratic frameworks promote equitable participation or serve to maintain the supremacy of an ethnic minority in Pakistan. Nonetheless, the data provided assists in generating the results which will help fill up the gaps of previous studies, implement the findings of the study in the real world, and give a free hand to investigate more on the subject to other researchers who develop an interest in the similar subject line.

#### **DISCUSSION AND FINDINGS**

An extensive examination of the connection between democracy and ethnic strife in the particular situations of Palestine, Pakistan, and Cyprus is initiated by the introduction. The survey of the literature shed light on current ideas and actual research, demonstrating the complex processes involved in regulating ethnic diversity within democracies. The confidence that democratic governance may serve as a stabilizing influence in ethnically diverse countries was emphasized by the literature assessment. It also brought to light situations in which democracies found it difficult to resolve underlying ethnic tensions, which may have contributed to the development of conflicts. The historical paths of Palestine, Pakistan, and Cyprus provide distinctive case studies to examine these theories and comprehend the subtleties of the relationship between ethnic strife and democracy. Political systems that are cohesive have been thwarted in each instance by internal splits, territorial conflicts, and historical grudges. External factors have had a lasting impact on these regions' political environments, whether through military occupations, partitions, or battles. Ethnic group disputes among themselves make democratic government more difficult to achieve.

Hypothesis 1: In Pakistan, the level of inclusivity in democratic governance is positively correlated with a reduction in ethnic tensions.

The results point to problems with this theory. Democracy is emphasized by the existence of democratic institutions, but democratic processes are disrupted by frequent military interventions. The occurrence of military takeovers in 1958, 1977, and 1999, together with persistent ethnic conflicts, indicate that the influence of democracy on ethnic conflict is linked to wider political stability. When democratic procedures are disrupted, inclusive government may not be enough to reduce ethnic tensions.

Hypothesis 2: In Cyprus, weak or manipulable democratic institutions lead to a higher incidence of ethnic conflict.

The results support this notion. Power-sharing agreements were upset by the Turkish military invasion in 1974, underscoring the susceptibility of democratic institutions to outside pressure. Ethnic conflicts can increase when democratic systems are weak or easily manipulated, particularly when outside parties get involved. The Cyprus situation emphasizes how crucial strong democratic institutions are for regulating ethnic diversity.

Hypothesis 3: External actors play a significant role in shaping the relationship between democracy and ethnic conflict.

The results firmly back up this theory. The dynamics of ethnic conflict are greatly influenced by external interventions, such as the Turkish military involvement in Cyprus and the ongoing military coups in Pakistan. In democracies, the trajectory of ethnic relations can be changed by geopolitical factors. An essential component of comprehending the dynamics of ethnic conflicts is recognizing the influence of outside players on the stability of democratic administration.

Hypothesis 4: Economic disparities within democracies contribute to ethnic tensions.

The literature makes reference to economic differences, but the complexity of ethnic conflicts is influenced by larger historical and political causes. The literature assessment places particular emphasis on issues with historical grievances, political representation, and military interventions. Economic considerations are a component of a wider environment, even if they may have an impact. The theory points to a link, but given the complexity of ethnic conflicts, a more comprehensive explanation that goes beyond financial factors is necessary.

In the situations of Cyprus, Pakistan, and Palestine, the examination of hypotheses reveals a complex and context-specific link between democracy and ethnic conflict. The results highlight how crucial it is to take

historical legacies, outside factors, and the larger political framework into account when examining how democratic government affects interethnic relations.

#### **Practical implications**

Policy Recommendations: Considering the distinct difficulties that every country face, customized approaches are required to promote inclusive government. In addition to addressing political changes, policymakers should be mindful of the potentially disruptive effects of external interventions on economic inequality.

International Interventions: The results emphasize how important it is for international players to take into account how they influence the course of ethnic conflicts. The historical background and possible repercussions of outside interventions should be considered in diplomatic endeavors.

Citizen Engagement: Active citizen participation is necessary due to the intricate relationship between ethnic strife and democracy. It is essential for citizens to be informed in order to demand responsible government and take part in democratic processes. Comprehending past trends enables individuals to take an active role in maintaining the stability of their countries.

The results cast doubt on the idea that democracy can resolve ethnic strife on its own. Rather, a more complex perspective that highlights the interaction of internal, external, and historical elements comes to light. This study advocates for customized approaches to promote inclusive government and settle historical grievances, taking into account the unique difficulties that Palestine, Pakistan, and Cyprus confront. In addition to adding to the body of knowledge, the study has applications for international actors, politicians, and the people who live in these ethnically varied countries. In the face of ethnic variety, achieving stable democracy necessitates a thorough comprehension of the intricate web of historical legacies and current issues.

#### CONCLUSIONS AND RECOMMENDATIONS

This research has provided detailed insights into the complex linkages that exist between democracy and ethnic conflict in the contexts of Palestine, Pakistan, and Cyprus by illuminating their deep interplay. The results cast doubt on oversimplified theories that propose democracy as a universal cure-all for reducing interethnic conflict. Rather, a contextual perspective comes to light, highlighting the significant effects of past decisions, outside factors, and internal dynamics on the durability of democratic government in countries with a mixed ethnic population. As we come to the end of our investigation of how democratic principles adapt and endure in a variety of cultural and ethnic contexts, it is clear that the road to stable democracy is a difficult one. The situations in Palestine, Pakistan, and Cyprus highlight the need for a comprehensive understanding that goes beyond simple narratives. Democracy is still a potent instrument for promoting equitable government, but how well it works depends on a wide range of variables that go beyond political systems.

Longitudinal research following the development of ethnic conflicts in various democracies would offer a more profound comprehension of the long-term effects of democratic government. A more thorough framework for comprehending the relationship between democracy and ethnic conflict may be achieved by conducting further comparative analysis across a wider range of ethnically diverse countries. To better comprehend the intricacies of ethnic conflicts, it would be beneficial to examine how elements like gender, social level, and religious affiliations interact with one another.

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